

# North Leeds Gymnastics Academy Community

## North Leeds Gymnastics Academy Community Club

### TRAINING CALENDAR 2024/2025

#### Term time information

School term	Club Re-opens	Last day of training (Gym is open for classes)
End of Summer/ Start of Autumn term	Monday 2 <sup>th</sup> September 2024	Saturday 26 <sup>th</sup> Oct 2024
<b>Closed for half term</b>		
Autumn mid-term	Saturday 2 <sup>nd</sup> November 2024	Friday 20 <sup>th</sup> Dec 2024
<b>Closed for Christmas</b>		
End of Christmas / Start of Spring term	Monday 6 <sup>th</sup> January 2025	Saturday 15 <sup>th</sup> Feb 2025
<b>Closed for half term</b>		
Spring mid-term	Monday 24 <sup>th</sup> February 2025	Saturday 5 <sup>th</sup> April 2025
<b>Closed for Easter</b>		
<b>Provisional Dates for Easter sessions</b>	<b>April 8<sup>th</sup> – 10<sup>th</sup> 2025</b>	<b>Early bookings taken for club members</b>
End of April break / Start of Summer Term	Tuesday 22 <sup>nd</sup> April 2025	Saturday 3 <sup>rd</sup> May 2025
May bank holiday	Tuesday 6 <sup>th</sup> May 2025	Saturday 24 <sup>th</sup> May 2025
<b>Closed for half term</b>		
Summer mid-term	Monday 2 <sup>nd</sup> June 2025	Saturday 19 <sup>th</sup> July 2025
<b>Closed for Summer holidays</b>		
<b>Provisional Dates for Summer sessions</b>	<b>Week 1 – 23<sup>rd</sup> – 25<sup>th</sup> July 2025</b> <b>Week 2 – 12<sup>th</sup> – 14<sup>th</sup> Aug 2025</b>	<b>Early bookings taken for club members</b>
Start of the new term	Monday 2 <sup>nd</sup> h September 2024	TBC

If you would like more information on any of the above, please do not hesitate to ask.

If your child wishes to develop to a stage in their gymnastics where-by they train to compete, as well a great time in the gym, our clubs provides development pathways through target setting and squad classes to help them achieve their goals.

Gymnastics is lots of fun and helps develop physical confidence, self-esteem, balance, co-ordination, power, speed, flexibility and strength so even if they do not wish or are not able to attend more of our classes, they will still be gaining valuable skills.

Please see the next page for information on our annual events and pop the dates in your diary if you can.

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### NLAGCC Club Events

As part of our annual calendar our gymnastics club provides these extra events across the year to provide you with the opportunity to enjoy more gymnastics experiences.

These activities are designed to give the children even more positive gymnastics-based fun as a member of our club.

We are always on the look out for volunteers at our events to help so if you are a kind, supportive individual who likes to get involved please do let us know as we would love to have you join our team to help run these events for your children.

Event	Date	Information
<b>Xmas Display Evening mini displays or Sunday Display Extravaganza</b>	<b>Tues 8<sup>th</sup>/ Thurs 10<sup>th</sup> &amp; Sat 12<sup>th</sup> OR Sunday 13<sup>th</sup> if we can pull together the BIG show</b>	All club members welcome – potential to return to big Sunday event depending on availability of school venue
<b>Xmas Fun week December 2024</b>	<b>Starting w/c Mon 14<sup>th</sup></b> running extended class times for extra fun	Gymnastics based games, apparatus, assault courses and races. Seasonal attire optional but must be suitable to train in.
<b>Squad in-house Display (pre-competition season practice)</b>	<b>Saturday 16<sup>th</sup> February *</b>	Providing squad gymnasts with an opportunity to perform with an audience
<b>Gymstars in-house friendly competition</b>	<b>Saturday 8<sup>th</sup> March *</b> 9am – 1pm (approx times)	Open to all gymnasts who attend up to one hour a week – replaces normal classes
<b>GymSuperstars &amp; in-house friendly competition</b>	<b>Saturday 8<sup>th</sup> March *</b> 1.30pm – 5pm (approx times)	Open to all gymnasts who attend more than 90mins a week. If numbers exceed capacity new date will be added
<b>End of Summer Club Picnic</b>	<b>Monday 21<sup>st</sup> July</b> <b>5pm – 7.30pm (date to be confirmed based on the school's availability)</b>	<b>All welcome!</b> Fun and activities up on the Boston Spa School top fields (weather permitting)

\* Please note these events may be subject to change if other regional competition events require our squads / coaches to be elsewhere. Once the calendars for comps in Yorkshire 2025 are published, we will check for any date clashes and update appropriately if need be.